

Recommended Reading

A BirthNet Fact Sheet

BOOKS FOR EXPECTANT PARENTS:

- Ina May's Guide to Childbirth*** by Ina May Gaskin. Bantam Books, 2003.
- Having a Baby Naturally*** by Peggy O'Mara. Atria Books, 2003.
- The Thinking Woman's Guide to a Better Birth*** by Henci Goer. Perigee, 1999.
- Birthing from Within: An Extraordinary Guide to Childbirth Preparation*** by Pam England & Rob Horowitz. Patera Press, 1998.
- The Complete Book of Pregnancy and Childbirth*** by Sheila Kitzinger. Knopf, 1996.
- Gentle Birth Choices: A Guide to Making Informed Decisions About Birthing Centers, Birth Attendants, Water Birth, Home Birth, Hospital Birth*** by Barbara Harper & Suzanne Arms. Inner Traditions Intl Ltd, 1994.
- Mothering the Mother: How a Doula Can Help You Have a Shorter, Easier, and Healthier Birth*** by Marshall H. Klaus, Phyllis H. Klaus, John Kennell. Perseus Press, 1993.
- Active Birth: The New Approach to Giving Birth Naturally***, Revised Edition by Janet Balaskas. Harvard Common Press, 1992.
- The Breastfeeding Cafe: Mothers Share the Joys, Challenges, and Secrets of Nursing*** by Barbara Behrmann. University of Michigan Press, 2005.

BOOKS ABOUT BIRTH & MATERNITY CARE:

- Impact of Birthing Practices on Breastfeeding: Protecting the Mother and Baby Continuum*** by Mary Kroeger & Linda Smith. Jones and Bartlett, 2003.
- Spiritual Midwifery*** by Ina May Gaskin. Book Publishing Company, Fourth Edition, 2002.
- Birth by Design: Pregnancy, Maternity Care, and Midwifery in North America and Europe*** ed by Raymond De Vries et al. Routledge, 2001.
- Misconceptions: Truth, Lies, and the Unexpected on the Journey to Motherhood*** by Naomi Wolf. Doubleday, 2001.
- Expecting Trouble: The Myth of Prenatal Care in America*** by Thomas Strong, Jr. New York University Press, 2000.
- Guide to Effective Care in Pregnancy and Childbirth*** by Murray Enkin, et al. Oxford University Press, 2000.
- Midwifery and Childbirth in America*** by Judith Rooks, S. Charles, M. D. Mahan. Temple University Press, 1997.
- Obstetric Myths Versus Research Realities: A Guide to the Medical Literature*** by Henci Goer. Bergin & Garvey, 1995.
- Care in Normal Birth: A practical guide by the World Health Organization***, 1996.
- Immaculate Deception II: Myth, Magic & Birth by Suzanne Arms***. Celestial Arts, 1994.
- Pursuing the Birth Machine: The Search for Appropriate Technology*** by Marsden Wagner. Australia: Ace Graphics, 1994.
- Birth As an American Rite of Passage*** by Robbie E. Davis-Floyd. University of California Press, 1993.
- Encyclopedia of Childbearing: Critical Perspectives*** by Barbara Katz Rothman & Donna Lee King. Onyx Press, 1992.



BirthNet

Educating the public to improve
maternity care for all women

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